



The Pecos River

Recovering Together

Join us as we experience the tranquility of this lovely Pecos Monastery setting. The monastery is nestled in a valley (7000 feet high) in New Mexico's Sangre de Cristo Mountains.

We'll be exploring our theme of Living the Promises with meetings and sharing and in silence together. The extensive monastery property offers many areas for walking, vigorous hiking, and places to rest and meditate. There will be contemplative arts and crafts and other inspirational activities.

On Saturday evening, we'll come together for a ceremony to close our silent period and share our experiences.

Enjoy this serene and beautiful autumn weekend with our OA community.

Contact Information

If you have questions or concerns feel free to contact:

Leslie SK at 505-250-9889

or

Mary S at 505-977-3445

email:

oacnmi@gmail.com

website:

www.oa-cnmi.org



Pecos Benedictine Monastery
16 Guadalupe Lane
Pecos, New Mexico 87552

Directions from ABQ/Santa Fe:
Take I-25 N to the Glorieta/Pecos exit #299. Turn left over the interstate, then turn right at NM-50 towards Pecos. Go 6 miles. Turn left onto N. Main/NM-63. Go 1.5 miles to the monastery on the left side of the street.

OA Silent Retreat



October 25th - 27th

2019

LIVING THE
PROMISES

Sponsored by
*Overeaters Anonymous
Central New Mexico Intergroup*



Path along the Pecos River

Schedule

Check-in begins at 3 PM on Friday. After dinner we will have an opening meeting and then we'll begin our 24 hours of silence. The retreat will close by noon on Sunday. An agenda with details and possible activities will be available at registration.

Scholarships

A limited number of double room scholarships may be available on a first come, first served basis depending on registration numbers and donations. Call Mary S at 505-977-3445 before Aug.15th.

LODGING

We will be housed in Tolomei and in the Main Guest House next door. Single and double (with 2 beds) rooms with attached bathrooms are available. Two rooms are wheelchair accessible. Tolomei rooms now have wall heaters.

MEALS

Meals will include dinner on Friday night through breakfast on Sunday morning. They will be tailored to our special needs with plenty of vegetables, salad, fruits, whole grains, and protein. The main meal of the day is served at mid-day while soup, salad, and sandwich fixings are served in the evening. Participants may supplement meals to meet their own needs. There is a refrigerator and microwave in the mini kitchen in Tolomei. A coffee maker and tea kettle are located there, too. Coffee, tea, and water will be available all day.

REGISTRATION

Early registration: (ends August 15th)
A \$50 deposit will hold your space. The balance is due by August 15th at the close of early registration.

Late registration: (August 16th until September 20th) Full payment should accompany your registration form. Registration closes on September 20th.

CANCELLATION POLICY

Anyone cancelling before registration closes (Sept.20th) will be refunded all but \$50 of their fee.

**NO REFUNDS WILL BE ISSUED
AFTER SEPTEMBER 20th**

2019 Registration Form (please print)

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Early registration (by Aug. 15th)

Check the requested accommodations:

Double room \$205./person _____

Single room \$255. _____

Enclosed: \$50. Deposit ___ or Paid in full ___

Late Registration

(From Aug. 16th to Sept. 20th)

Check the requested accommodations:

Double room \$245./person _____

Single room \$295. _____

Optional: I would like to room with ...

Scholarship donation? \$ _____

Need accessible room? _____

Make check or money order payable
to 'CNMI' and send to:

CNMI Retreat

P.O. Box 30273

Albuquerque, NM 87190-0273

